Pet Allergy Assessment Test Results

Congratulations on obtaining your Pet Food, Environmental and Stress Home Assessment Test

Thank you for choosing VIA-PET

In the following pages, you will find:

- ✓ Your pet's food, environmental and stress predisposition Certificate
- ✓ Overall results for each allergen
- ✓ Stress results for your pet

PET FOOD, ENVIRONMENTAL AND STRESS PREDISPOSITION CERTIFICATE

"Semper Fidelis"

PET Name

Dexter

Family Name

Dara Chapman

Date Analyzed

2018/08/20

ID Number

1632016

Items to Avoid

- ✓ Buffalo
- ✓ Hornets
- ✓ Kelp
- ✓ Mites

Stress Predisposition

Highly Stressed

Cortisol Levels

40.15 pg./mg

Harvey Tenenbaum
Laboratory Director

VIAGUARD ACCU-METRICS
Official Analysis
DIAGNOSTICS

VIA-PET ™
The Leader in Canine Genetics
Toronto – New York – London

Results from your pet allergy test

Your list of pet allergies is on the following page.
Any item in green is safe, yellow is neutral and red are items that should be avoided by your pet.

Safe	🟢
Neutral	🟡
Avoid	🔴

Protein

Food	Status
Alligator	🟩
Almond Milk	🟩
Beef	🟩
Buffalo/bison	🟥
Chicken	🟩
Chicken Egg	🟩
Cottage Cheese	🟩
Dairy	🟩
Dairy Milk	🟩
Duck	🟩
Duck Egg	🟩
Elk	🟩
Emu	🟩
Fish Meal	🟩
Herring/Anchovy	🟩
Kangaroo	🟩
Lamb	🟨
Llama	🟩
Mackerel	🟩
Moose	🟩
Ocean White Fish	🟩
Ostrich	🟩
Pheasant	🟨
Pork	🟩
Quail	🟩
Rabbit	🟩
Tuna	🟩
Turkey	🟩
Venison	🟩
Zebra	🟩

Carbohydrates

Food	Status
Barley	🟩
Bread	🟩
Brown Sugar	🟩
Buckwheat	🟩
Chick pea	🟩
Corn	🟩
Honey	🟩
Kidney Beans	🟩
Lentils	🟩
Maple Syrup	🟩
Molasses	🟩
Oat	🟩
Pinto Beans	🟩
Potato	🟩
Quinoa	🟩
Rice(brown)	🟩
Rice(white)	🟩
Sorghum	🟩
Sugar	🟩
Sweet Potato	🟩
Tapioca	🟩
Wheat	🟩
Yam	🟩
Yucca	🟩

Fruits

Food	Status
Apple	🟩
Blackberry	🟩
Blueberry	🟩
Cherry	🟩
Coconut	🟩
Cranberry	🟩
Grapes	🟩
Lemon juice	🟩
Lime	🟩
Mango	🟩
Orange	🟩
Papaya	🟩
Peach	🟩
Pear	🟩
Pineapple	🟩
Plum	🟩
Pomegranate	🟩
Raspberry	🟩
Strawberry	🟩
Tangerine	🟩
Watermelon	🟩

Vegetables

Food	Status
Artichoke	🟩
Arugula	🟩
Asparagus	🟩
Avocado	🟩
Beet	🟩
Bok Choy	🟩
Broccoli	🟩
Brussels sprouts	🟩
Cabbage	🟩
Carrot	🟩
Cauliflower	🟩
Celery	🟩
Chard	🟩
Cucumber	🟩
Green beans	🟩
Green peas	🟩
Kale	🟩
Kelp	🟥
Lettuce	🟩
Maitake mushroom	🟩
Onion	🟩
Parsley	🟩
Pepper	🟩
Pumpkin	🟩
Radish	🟩
Seaweed	🟩
Shitaki mushroom	🟩
Spinach	🟩
Squash	🟩
Tomatoe	🟩
Zucchini	🟩

Fatty Acids

Food	Status
Almond oil	🟩
Avocado oil	🟩
Butter	🟩
Canola oil	🟩
Coconut oil	🟩
Cod liver	🟩
Cotton seed	🟩
Flax oil	🟩
Hemp oil	🟩
Krill oil	🟩
Lecithin	🟩
Olive oil	🟩
Peanut butter	🟩
Safflower oil	🟩
Salmon Oil	🟩
Sesame oil	🟩
Sunflower oil	🟩

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Environmental

Cosmetics	🟩
Fragrance	🟩
Heavy Metals	🟩
Pet Dander	🟩
Petrochemicals	🟨
Plastic / Nylon	🟩
Pollen	🟩
Rubber / Latex	🟩
Tobacco	🟩
Tree Bark	🟩

Homeopathic Remedies

Belladonna	🟩
Graphites	🟩
Sulfur	🟩

Parasites + Insects

Tick Neurotoxin	🟨
Ants	🟩
Bees	🟨
Hornet	🟥
Mites	🟥
Mosquito	🟩
Wasp	🟩
Yellow Jacket	🟩

Nutritional Supplements

Alfalfa	🟩
Carob	🟩
Chicory	🟩
Chlorella	🟩
Ginger	🟩
Green algae	🟩
Green Lipped mussel	🟩
Green tea extract	🟩
Licorice root	🟩
Mould	🟩
MSM (sulfur)	🟩
Nutritional yeast	🟩
Peppermint	🟩
Psyllium	🟩
Turmeric	🟩

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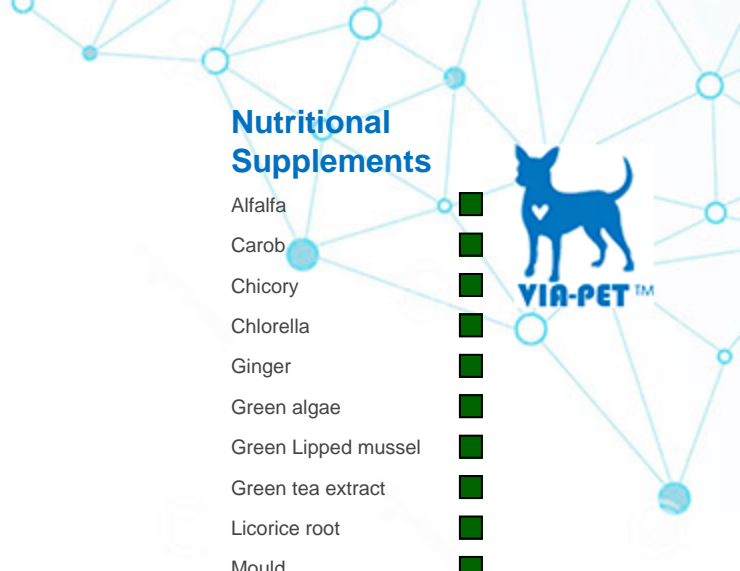
Hair PET Cortisol Level Measurements

The data is represented in pg. (picograms of cortisol) / mg (milligrams of hair).

These measurements represent an average cortisol level over ~ 90 day.

Pet hair was washed measured then ground to a fine powder and cortisol levels were measured.

Your Pet cortisol levels are **40.15 pg./mg**.

The results can be interpreted as follows *(The range is based on over 1000 data points is 10-80 pg./mg)*:

< 20 pg./mg: minimal level of cortisol

20-30 pg./mg: Average cortisol levels (No stress levels)

30-40 pg./mg: Slightly elevated levels of cortisol (Moderately stressed)

40-50 pg./mg: Elevated levels of Cortisol (Highly stressed)

> 50 pg./mg: Extremely elevated levels of cortisol (Extremely stressed)